

The Effectiveness of BTQ Training on Qur'an Reading Skills on the Spiritual Quotient (SQ) of UINSA Psychology Students

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Abstract : The spiritual quotient is important for every individual to be able to easily solve problems and have meaningful life values. This study aims to see the effectiveness of the Reading and Writing Qur'an training on improving the spiritual quotient of students. The method used is One Group Pretest Posttest Design with a total of 20 samples. The measurement tool used is in the form of multiple choice based on students' cognitive aspects about reading the Qur'an. The results showed that BTQ training in Al-Qur'an reading skills could increase the Spiritual Quotient for UINSA Psychology students in semester 6 of class G2. It can be concluded that the applied BTQ Training increases the level of spiritual intelligence of students.

INTRODUCTION

Background

Currently, many diseases are caused by High and low intelligence can be influenced by genetics. But it is undeniable that in reality intelligence can be trained and developed. In lectures, of course, this intelligence is very important because learning is a level towards mature maturity and preparation for real life. Students are not required to be intellectually intelligent only like when they were still in school, but students are also required to be emotionally and spiritually intelligent. A student with high spiritual intelligence will have high resilience and resilience when hit with various problems while in college, while those with low spiritual intelligence will be easily shaken, carried away and easily discouraged when facing problems in lectures. Zohar and Marshall (in Tahrir et al., 2017). Spiritual intelligence is able to make a person able to overcome problems, interpret the value and meaning of life more

broadly and richly. and has a high meaning of life

Spiritual quotient (SQ) is an intelligence to see the world from various points of view, broad meaning and very deep purpose and high motivation in a person. According to Zohar and Marshall (2007) in their book entitled Abdul Wahab, spiritual quotient (SQ) is the intelligence to face and as problem solving in every problem and meaning, as well as value in life. For example, such as the skill to judge that a person's life path is more

Meaningful. Spiritual intelligence can be obtained by a person through a good approach to religious education from childhood, so that when entering adolescence, he will be able to understand human values and moral values well. This is also supported by a strong religious foundation (Safaria, 2007) (Hasanah, 2018).

According to Khalil Khavari, spiritual intelligence (SQ) is a person's ability in space (non-material dimension or spirit). This intelligence is able to provide a sense of calm and happiness even though the person is in a sad

and painful condition. According to Mujib and Muzakir, that true intelligence is a concept related to managing and making the best use of its meaning, value and spiritual qualities. Spiritual means that includes a meaningful life for other beings and motivates someone to always look for the meaning of life (Hasanah, 2018).

Spiritual quotient is a skill to adapt and solve problems, remain strong despite storms, even though problems often come, he can take wisdom and blessings in every journey of his life. The main goal of learning is attitude change. (Prima & Indrawati, 2020). Students who can master their emotional and spiritual learning process will be more optimistic, confident and have a stable level of motivation, not swayed. A good spiritual quotient can make students learn to have perseverance and motivation to learn religion that continues to increase. In college students, SQ is assessed can improve the skill of reading the Qur'an, (Nurhayati, 2018).

A person with high spiritual intelligence will tend to be visionary. He is able to determine his own vision and mission in life, so he does not worry about the fact of living in this world. He will also be able to carry out the things of this world earnestly. In addition, this intelligence also makes a person able to develop his potential as a whole and remain optimistic (Rahmawati & Sarnoto, 2020). Spiritual quotient is obtained through the potential given by Allah SWT and through nerve neurons in the brain. However, this intelligence can also be developed, one of which is by getting closer and devoted to Allah SWT, the almighty over everything (Tahrir et al., 2017).

A person with high spiritual intelligence will have warm social relationships with others. he will be more appreciative, empathetic and impressed a very pleasant person. This is related to the teachings of Islam, where we must also maintain good relations with Allah SWT (habluminallah) and humans (habluminannas) (Tahrir et al., 2017). The ability to increase spiritual intelligence can be done in various ways, including making Allah Almighty a place to depend on and asking for protection. In

maintaining the SQ that has been obtained, one must trust and learn the basic guidelines of living as a human being. As the people of the Prophet SAW, the guidelines that we must hold are the Qur'an and Hadith (Rahmawati & Sarnoto, 2020).

According to Suma (2014: 19), the Qur'an is the kalam-kalam Allah recorded in the form of mushaf, which was revealed to the Prophet Muhammad SAW through the intermediary of the angel Gabriel (the bearer of revelation), mutawatir both lafadz and its meaning. Starting from surah Al-Fatihah and ends with Surah An-nas. Reading Al-Qu'an is also a worship to Allah SWT (Kasmar & Anwar, 2021). This is in line with what is quoted from Shihab (2013: 13), that the Qur'an is a real miracle from the time of the Prophet to the present day, which reading it is considered worship. In it there is revelation as a guide for mankind and whoever believes and practices it, then it is like a pearl that reflects light, so that from any side he will find benefits (Qudsy, 2013).

The Qur'an is the book of Muslims. The Qur'an etymologically means a form of writing or recitation. By that, it means that the Quran is a collection of several verses and suras. The Qur'an is not only addressed to chosen servants, but to all people in the universe. The Qur'an is interpreted as reading and reading, but when interpreted as something that is read automatically, it can be interpreted as study, interpretation and practice (Bestari, 2020).

The miracles and benefits of the Quran are real. and needed by humans. and can build spiritual intelligence. The values contained are able to make life more directed. Like the search for a positive meaning of life. by reading and practicing the Qur'an we humans can reap and feel its benefits.

Problem Statement

1. Does the skill of reading the Quran affect the Spiritual Quotient of UINSA Psychology students in Semester 6 Class G2?
2. How is the effectiveness of the Quran Reading and Write (BTQ) intervention method on the influence of Quran reading

skills of UINSA Psychology students in Semester 6 Class G2?

3. What is the difference between subjects who received the intervention method and those who did not receive BTQ intervention on Qur'an reading skills on the Spiritual Quotient of UINSA Psychology students Semester 6 Class G2?

Research Objectives

1. Knowing the influence of the relationship between Quran reading skills on the Spiritual Quotient of UINSA Psychology students in Semester 6 Class G2
2. Analyzing the effectiveness of BTQ intervention methods on Quran reading skills on the Spiritual Quotient of UINSA Psychology students in Semester 6 Class G2
3. Knowing the difference in treatment of UINSA Psychology students in Semester 6 Class G2 who were given intervention and those who were not given intervention.

LITERATURE REVIEW

Qur'an Reading Skills

Definition of Qur'an Reading Skills

Based on KBBI, skills are a person's ability to complete tasks. When it comes to the language aspect, skill is defined as a person's proficiency in using language, namely writing, reading, listening, and speaking. Meanwhile, the definition of the Qur'an according to ushul fiqh is a form of kalam Allah SWT which was then revealed to the Prophet Muhammad SAW. Lafadz-lafadz in the Qur'an contains guidelines, miracles, and reading it can make it worship, and is composed of Al-Fatihah to An-Nas. It can be concluded that the skill of reading the Qur'an is defined as a person's ability to writing, reading, listening, and reciting the reading of the book of kalam Allah SWT.

The Qur'an is a basic education that must be learned from an early age by Muslims because in it there is a lot of moral and behavioral knowledge that can be learned and practiced as a human being. Devout Muslims should study the

Qur'an well and make it a source of various knowledge, therefore it will be easier to learn it if we can understand how to read the Qur'an with good and correct rules in accordance with tajweed, makhorijul letters and shifatul letters so that they are read correctly and do not deviate their meaning (Mahdali, 2020).

Factors that Affects the Ability to Read the Qur'an Here are some factors that can affect the ability to read the Qur'an, among others:

1. Reading Intelligence Level

Intelligence consists of three types of skills, namely to adjust and deal with situations quickly and effectively, know abstract concepts effectively, know relationships and learn them quickly. Intelligence in each person has a different level and definitely has results and the ability to read it.

2. Language Skills

Namely mastering the language used. If a person reads a reading whose language is not recognized, it will be difficult for him to read the reading.

3. Attitudes and Interests

Attitude is shown with the pleasure and displeasure of the individual. While interest is the excitement and inclination of an individual towards something.

4. Reading Habits

That is whether the individual has a tradition of reading or the individual is istiqomah in reading.

5. Reading State

The level of reading difficulty, book design, fonts used can affect the individual process in reading.

6. Knowledge of how to read

Knowledge of how to read is very dependent for individuals to be able to know what the meaning of the reading they read.

7. Emotional Volatility and Attitude

Labile emotions or are fickle emotions can affect an individual's reading.

8. Everyday Experiences at

Its essence is capital knowledge in the comprehension of a reading.

9. Ability to Read the Qur'an The ability to read the Qur'an for individuals includes:

a. Letter Identification

Basically, a child will be introduced to hijaiyah letters and how to pronounce them. That way the child will be easier to go to the next process of reading the Qur'an.

b. Makharijul Letter

That is how the correct pronunciation sounds of each hijaiyah letter. After Individuals know the hijaiyah letters, then they will learn to distinguish the sounds of each letter. The individual must be able to distinguish the sound of the letter and the place where the letter comes out when sounding it. All 19 pieces are divided into 5 Mawadhi (Maudhi- Maudhi) that, that is the location makhraj-makhraj. Among others, namely: 1) Maudhi'-jauf which means the place of makhraj located in the oral cavity, 2) Maudhi'-Halq (located in the rection), 3) maudhi'-oral (located on the tongue), 4) Maudhi'- Shafatain (located on two lips), 5) Maudhi'-Khaisyum (located on the bridge of the nose).

c. Tajweed

That is the science used to find out the place where letters come out, as well as their properties and reading. Tajweed learns how to read the Qur'an properly and in an orderly manner according to makhraj, the length of the recitation, the thickness of the pronunciation, the buzzing or not, as well as the rhythm and tone correctly and tartil (Mukroji, 1970).

Spiritual Quotient (SQ)

Definition of Spiritual Quotient

Spiritual quotient when translated into Indonesian which is composed of the words "Intelligence" and "Spiritual". Intelligence according to Munadir (in Daudiah & Rahayu, 2013) is a person's capacity to solve the problems he faces, especially in the ability to think or cognitive. Meanwhile, the spiritual according to KBBI is everything related to psychology, namely spiritual and mental. According to Wiranto et al., (2022) spirituality is

able to mean as an inner being composed of internal self, experience, and deepening of meaning that can be felt due to individual closeness to God.

Zohar and Marshal defines spiritual intelligence as individual intelligence in understanding the meaning and value of beliefs, namely placing behavior and lifestyle based on broader and richer meanings (Daudiah & Rahayu, 2013). In other words, spiritual intelligence can place individuals in a more positive meaning of life, even from every event, problem, or suffering can be interpreted more adaptively so that individuals are able to go through it well (Sari et al., 2020). Spiritual intelligence is important for the individual, because he will have a clear purpose in life, as well as being able to Accounted for. Individuals with spiritual quotient the high have the principle of life relying on religion and Allah SWT who can avoid negative behavior, and have a sense of empathy for all His creatures (Istiqomah et al., 2022).

Characteristics of the Spiritual Quotient

Individuals who have good spiritual intelligence according to Zohan and Marshall's theory (in Daudiah & Rahayu, 2013) have the following characteristics:

1. Have self-awareness

Good spiritual intelligence is able to make individuals have high self-awareness in realize, encourage, and overcome various things.

2. Have a vision

The individual is able to understand about himself deeply, so that he is able to compile future life goals (vision), as well as values that must be maintained to achieve them.

3. Flexible

The ability to adjust spontaneously, be active in obtaining good results in activities, and have an efficient and pragmatic view of reality.

4. Have a holistic view

Being able to see life thoroughly, and greater so that he is able to face and go through adversity. Can change misery to be

healthier, namely looking for the meaning behind it and looking at everything forward. With a holistic view, individuals are able to see themselves and others, as well as various other things outside themselves interrelated. This is what makes individuals not become worried about existing problems.

5. Make changes

Individuals with high spiritual intelligence are able to effect change because they are open to differences, and consider themselves unfettered or independent.

6. Able to be a source of inspiration

Someone who inspires can be said if he interprets the value of life, understands himself, and has a new vision and ideas in overcoming all life problems.

7. Self-reflection

The individual continues to reflect on the values he gets from life, as well as his belief or faith in God.

Aspects of the Spiritual Quotient

1. Ability to be flexible
2. Can place themselves well in the environment
3. Can accept other people's opinions openly
4. Have a high level of consciousness
5. Have the ability to facing and taking advantage of suffering
6. Can make life calm and more meaningful

Factors Forming Spiritual Quotient

1. *Inner values*, namely spiritual values that come from within the individual. Examples such as: openness, responsibility, discipline, justice, trust, and care towards social.
2. *Drive* or drive and effort of the individual to achieve his happiness and the truth of his life. (Agustina, 2016)

Factors Influencing Spirituality

The definitions and dimensions of spirituality are very diverse and varied, as well as for every human being in view of these values. The definition of spirituality that an individual has is influenced by culture, development, life experiences, and his own ideas about life. And

fundamentally spiritual health is obtained from self-acceptance, which is based on a harmonious relationship with God (Wiranto et al., 2022) A harmonious relationship with God begins with recognize the value of His teachings, and build trust. In Islam this is obtained through its meaning in the Qur'an and Hadith. Reading and interpreting the Qur'an can be a bridge in the spiritual approach of Islam so that it is embedded in conscience (Fauzan, 2015).

Research Variables

Variables are factors that are not fixed or can change. Sugiyono (2019) said that researchers will study and draw conclusions on which research variables are objects with many variations (Purwanto, 2019). There are 2 types of variables, namely independent variables and dependent variables or variables that depend on independent variables.

In this study, we used the skill of reading the Qur'an as an independent variable (X) against the spiritual quotient (SQ) as a dependent variable (Y).

Relationships between Variables

This study tested the relationship between (variable x) Qur'an reading skills and (variable y) spiritual quotient (SQ), by giving treatment or treatment to variable y. This study used training or training in reading and writing the Qur'an (BTQ) as an intervention. Initially, we narrowed the population group into sample groups by giving instructions for reading the Qur'an, where each subject read 3 verses of the Qur'an, namely Surah An-Nisa. The choice of this surah is based on the fact that in Surah An-Nisa there is an aspect of Spiritual Quotient. After completion, the researcher will qualify the appropriate subject to later attend the training. Scoring The initial reading of the subject is with reference to the following table.

Table 1: Category

Interval	Category
81-100%	Very Good
61-80%	Good
41-60%	Good enough

21-40%	Not Good
0-20%	Less Than Once

(Sukring & Malik, 2022)

Next, we divided the research sample into a control group and an experimental group. The subjects who were sampled in this study were then given intervention in one of the groups with BTQ training, accompanied by an understanding of SQ.

METHOD

Types of Research

Quantitative experimental research was used in this study. According to Alsa (2004), research that examines the impact of interventions on behavior can be called experimental design. According to Kerlinger (1986: 315), an experiment is a type of scientific investigation in which a researcher manipulates and controls one or more independent variables while tracking the dependent variable and making observations to look for variations resulting from the control. the independent variable (Setyanto, 2013).

Experimental studies were conducted to determine the effects of interventions given intentionally by researchers (Hadi, 1985). While experimental research according to Latipun (2002) is research that involves manipulation to ascertain how modifications affect the observed behavior of individuals. In theory, experimental research is a methodical way of establishing linkages that include causal relationships (Sukardi 2011:179). The main feature of experimental studies is that researchers regulate the treatment of the experimental group and the control group, thus controlling for the independent variable (Ratminingsih, 2010).

Furthermore, experimental methods are study techniques used to determine how various therapies affect people under carefully monitored and controlled circumstances (Sugiyono 2011:72). According to some definitions of these experts, it is clear that experimental research is a study conducted to ascertain the results of the provision of a therapy

or treatment to research participants. The goal of experimental research in education is to evaluate how a particular educational intervention or action affects behavior to examine whether the impact of that intervention can be compared with the effects of other interventions.

Operational Definition of the Variable Under Study

1. Qur'an Reading Skills

A person who is skilled in reading the Qur'an be muslim who is capable to Read with letters that are clear according to their sound and nature, makhrajul the letters, short length, Tajweed and Gharib at Indonesian teaching Koran already Pretty good as most have started as early as pre-school age. due to ability read The Qur'an This is an ability that must be possessed by A muslim because every recitation of prayers and prayers. using Arabic and Qur'anic languages.

2. Spiritual Quotient (SQ)

Spiritual Intelligence (SQ) is intelligence where a person is able to look at problems from various viewpoint. Be optimistic. proficient in solving problems. Able to place themselves well in every journey of life. And he can take a lesson from every event that happens throughout his life (Agustiani Maslahah, 2013).

Population and Sample

1. Population

This study used a population, namely 30 students of Psychology UINSA Semester 6 class G2.

2. Sample

This study used a sample of 20 people. This sample was obtained from the difference of subjects in the population who had low Qur'an reading skills (less). These 20 people were then divided into two groups, namely 10 people in the control group and 10 people in the experimental group.

Experiment Design

Pure experimentation was used in the design of this study. Pure experimental design is

the most ideal design to do because it rarely has problems with internal validity. Although its external validity may experience weaknesses, it can be improved by exercising controls to overcome the problem (Pratisti & Yuwono, 2018). In this study, we used the subject who is a student of Psychology study program class G2 semester 6 at UIN Sunan Ampel Surabaya.

Our experimental design design is One Group Pretest-Posttest Group Design, because only one group receives a pretest to ascertain the basic conditions of the subjects before receiving the intervention. Followed by giving a posttest After the intervention to measure how effective the training was.

Intervention Design

The intervention in this study was designed to improve students' spiritual intelligence through learning to read and write the Qur'an. Teaching is done through the provision of information related to reading, such as makhradjul letters, tajweed, and games that connect pieces of selected verses. After the

intervention, subjects were also given homework to practice reading the Qur'an, using selected verses from Surat An-Nisa to know the progress.

Data Analysis

The Wilcoxon test is one of the non-parametric statistical methods used in the data analysis of this study. Wilcoxon Test Used with compared the results of two samples taken from the same population tested before and after treatment (Lubis & Agustin, 2018). The Wilcoxon test is used to ascertain the results of the difference in scores from the test before and after the Qur'an Literacy training; an. Because in this data processing technique, the difference in test results, both positive and negative, will be taken into account (Suciptawati, 2016).

RESULT

The normalization test results on the pre-test and post-test through Shapiro Wilks are as follows:

Table 2: Normalization Test Results on The Pre-Test and Post-Test

	Kolmogorof-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pre-test	0,193	12	0,200	0,897	12	0,145
Post-test	0,201	12	0,195	0,935	12	0,433

The data showed that Shapiro-Wilk's score for the Pre-test of Psychology students in semester 6 grade G2 (Asymp Sig.) 0.145 >0.05. The Shapiro-Wilk score for the Post-test is (Asymp Sig.) 0.433 >0.05. This means, the Pre-

test and Post-test results of Psychology students in semester 6 class G2 have normal data. Next test hypothesis of Pre-test and Post-test results through tests paired sample T-Test that is:

Table 3: Paired Sample T-Test Results on The Pre-Test and Post-Test

Hasil	Mean	Nilai Min	Nilai Max	Std	Sig (2-tailed)
Pre-Test (N=12)	47,50	30	70	14,848	0,000
Post-Test (N=12)	69,17	60	90	11,645	

Based on the results of the Paired Sample T-Test, it is known that there is an increase in the average results of the Pre-test and Post-test. From these data it is known The average score of students' BTQ ability results was 47.50 (pre-test) to 69.17 (post-test). The significance value of 2-

tailed is 0.000 < 0.05 or there is a difference in the ability to read the Qur'an in 6th semester G2 Psychology students between before and after the BTQ training.

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